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# Brent Lindeque



Artist Name Brent Lindeque

Category Speakers

Artist Location Gauteng

Biography Brent Lindeque, more popularly known as the Good Things Guy, is a South African whose mission is to change the world's focus. In 2015, he took a negative trend and transformed it into a movement for good. Today, his platform, Good Things Guy reaches over four million people every month, sharing uplifting stories about South Africa and its remarkable people.

Finding Purpose Through Positivity - Brent's journey with the Good Things Guy began with a simple idea, but its impact has been profound. He shares, "This little concept changed my entire life. It helped me find my purpose and gave me the best job title in the world."

Inspiring Talks and Events - Brent is a sought-after speaker who motivates audiences with his positive energy. He offers corporate and small group bookings, leaving

attendees feeling inspired, hopeful, and ready to take on the world.

### A Range of Uplifting Topics

Brent's presentations cover a variety of inspiring themes, including:

- Becoming the Good Things Guy: Inspire others to spread positivity.
- Finding Good Things - Even in Trauma: Discover the power of hope in difficult times.
- Creating Sustainable Projects: Learn how to make a lasting positive impact.
- Changing the Narrative: Shift your focus towards the good.
- The Importance of Mental Health and Happiness: Prioritize well-being for yourself and others.
- Celebrating South Africa: Explore the beauty and strength of South Africa and its people.

And More!

Promo [https://youtu.be/DTqQSC6d3bY?si=9ZbWLS0BkeEqFi\\_k](https://youtu.be/DTqQSC6d3bY?si=9ZbWLS0BkeEqFi_k)

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**Thank you for considering this artist.**

Reach out for any other questions, or if you are looking for similar artists for your event

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