



Kate Moia



Biography Kate Moia is an Advocate (with an LLB from Wits specialising in labour law), an employee wellness expert & a qualified Energy Healing Practitioner, as well as Public Figure & Host of the Conscious Convo Podcast – from Johannesburg, South Africa. She has over 25yrs of business, training, coaching & facilitation experience in her field. She has presented to audiences at conferences within corporates throughout South Africa including IIR, the Services SETA, EAPA conferences, Human Resources Conferences, & The Department of Transport. She has trained over 10 000 employees & Managers & developed several training & quality assurance programmes over the years. Kate spent her earlier years in the largest Employee Assistance Service Provider in the country, namely ICAS – now LYRA. In business she has serviced Clients like PWC, Telesure Group, XDS, Transunion, Telkom Media & South African Airways. She is an inspiring & trained speaker, teacher, facilitator, coach & consultant. Kate is a powerful & engaging intuitive speaker on workplace & personal wellness. She is masterful at integrating “energy medicine” to employee wellness training & programmes in measurable ways to reduce stress & conflict, improve relationships, conduct, personal performance & productivity. She has also developed online workflows & data systems to track & trend performance & provide feedback to her clients, the most recent of which services over 1 million users and over 80 businesses. Kate has also served as the Head of Ethics & Standard at the Employee Assistance Programmes Association & was the President of the Sandown Rotary Club – charity organisation.

A SPEAKER WITH A DIFFERENCE

Story-telling is one of her many gifts – as she can narrate her personal journey of overcoming trauma & life-challenges (both personally & professionally). Kate uses this to help audiences become the best version of themselves. As a luminous public speaker Kate brings a fresh enlightening, holistic outlook & experience with every audience she engages, tailoring her talks to the needs of the people, business & the theme of event.

Kate also incorporates sound healing & other techniques to elevate the frequency of her audience, so that they may experience through her work, what raising one's vibration can feel like. These life-changing public exchanges are thought-provoking, while activating the heart, mind, body & spirit in a special, memorable & relevant way. Kate speaks on raising the energy frequency & healing people & organisations - for employee wellness, businesses on topics like: Master your Light, master Your Life, Raising the Soul of your Business, Energy Healing in Employee Wellness & HR management, Healing from Trauma like abuse, grief etc, Becoming Abundant (about money/success), Reducing conflict with energy practices, Harmony in the Workplace, Healing Your Body (energy healing physical health issues, Loving Relationships (For a Full List of Topics - See attachment below)

A UNIQUE BUSINESS FACILITATOR

With a keen insight in business, people management, strategy, compliance & legal risk management, Kate is an excellent creative & intuitive, "think tank" facilitator to shift perspectives, create spaces for lateral thinking, fostering harmony, creativity to harness powerful ideas & solutions. She is masterful at raising the vibration of the minds of leadership to facilitate them creating, designing & building from an energetic state that connects with their highest potential. She is the only facilitator in SA to combine principles of enlightenment, frequency & energy shifting into strategic business spaces.

LocationJohannesburg

Promo Link

