

# Sterling EQ



<https://youtu.be/mxMmHNebCdQ?si=6wtstKon5Ur3kcj->

## **Biography** Instrumental Virtuosity Redefined

Sterling EQ isn't your typical instrumental band. They've blown the doors wide open for the genre in South Africa and beyond, fusing mind-bending virtuosity with fresh beats and boundless energy.

Five electrifying albums, over 1,000 live performances since 2008, and a global fanbase speak volumes about their impact. They've rocked stages in 15 countries, captivated audiences of up to 40,000, and graced millions of screens with live broadcasts. Their trophy cabinet isn't bare either, boasting a South African Music Award and a Ghoema Music Award, alongside numerous nominations.

Leading the charge is the celebrated flutist, Carina Bruwer. A true powerhouse, she's not just a virtuoso but also an extreme swimmer, motivational speaker, and activist. Imagine Jethro Tull jamming with Carlos Santana, and that's just a taste of Carina's electrifying style. Backing her up are classically trained electric violin and electric cello virtuosos, bringing their own impressive accolades and a shared passion for modern beats and pop trends.

**Location** Western Cape

**Promo Link** <https://youtu.be/mxMmHNebCdQ?si=6wtstKon5Ur3kcj->

